Winter 12 Handicap Run – 31 March 2021

If variety is the spice of life, it helped make the Winter season a hot one.

We started with “normal” head to head racing,; switched to Virtual and then finished with a hybrid of head to head/virtual. It certainly all added up to an exciting finale. It is no surprise that despite the windy conditions there were no less than 5 Pbs and a near miss out of the 17 finishers.

Thanks to the Starters. Maureen and Moira. A cold stand and well done for getting all the nervous runners off on time.

When all the points had been added up the final tally showed that Alison had done just enough to retain her lead despite an another fine run from Joyce who leapt into second in front of Lynne-Marie, who was just 3 seconds away from 3 Pb points and joint second.

Alison West – 48 pts

Joyce Thomson – 46 pts

Lynne-Marie Masson – 43 pts

Martin Watt was best of the rest – but then he has a habit of being never far away.

Pbs from Alison (26 sec); Joyce (41 sec); Brenda (1 sec); Jennifer (21 sec); and Martin (1 sec).

Perhaps the biggest news story of the week however is that the battle for supremacy in the Beedie household was won by Jennifer who finished with 34 points , 1 point ahead of Johnny. Well done Jennifer. It might keep him quiet for minute or two. Or maybe not!

A similar situation was avoided in the Mutch house with Richard pulling out all the stops to chase down Brenda all the way to the line to maintain his lead.

You might notice that there is an extra column on the results page with an Age graded percentage against you run calculated in a similar way to parkrun % an based on the Club Standards tables.

Well done Robbie Youngson with his time of 33:01 scoring 83.59%. This and his Race 11 run both bettered the Platinum standard for the Winter Handicap.

So love them or hate them the Handicap races never fail to deliver an exciting finish. Perhaps we deserve a wee break before the Summer season arrives. Keep an eye on the Teamreach App for updates.

Full results, points table and Guidance Notes are on the Teamreach App and FRC Webpage.

<https://sites.google.com/site/fraserburghrunning/home/new-news/winterhandicapisback>

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