

Handicap race			HCP	Place	Points	Scr	AGP	Minutes	Minutes	Summer route PB	World Std Time
9/6/21	5	TIME	53'33"				%	Per Mile	per Km		
DAVID ABERNETHY	10:35	41:34	52:09	1	10	12	60.55	8:09	5:04	36:18	25:10
JIM BOWIE	15:55	36:50	52:45	2	9	5	75.93	7:13	4:29	33:34	27:58
MARTIN WATT	18:55	34:11	53:06	3	8	2	66.41	6:42	4:10	33:21	22:42
LYNNE MARIE MASSON	14:25	39:02	53:27	4	7	7	66.40	7:39	4:45	38:45	25:55
ALISON WEST	13:25	40:11	53:36	5	6	10	66.20	7:53	4:54	39:33	26:36
BRENDA MUTCH	00:10	53:29	53:39	6	5	13	48.86	10:29	6:31	53:13	26:08
DUNCAN ABERNETHY	18:20	35:27	53:47	7	4	4	69.82	6:57	4:19	33:22	24:45
CAROL MASSIE	14:30	39:21	53:51	8	3	9	76.87	7:43	4:48	36:17	30:15
DEREK MILNE	20:20	33:50	54:10	9	2	1	69.70	6:38	4:07	32:57	23:35
RICHARD MUTCH	15:25	39:14	54:39	10	1	8	59.64	7:42	4:47	36:28	23:24
GREG BRUCE	14:40	40:19	54:59	11		11	54.61	7:54	4:55	38:28	22:01
STUART CRAIB	20:15	34:48	55:03	12		3	65.71	6:49	4:14		22:52
CALLUM MUTCH	18:20	36:50	55:10	13		5	64.03	7:13	4:29	35:23	23:35
GILLIAN STRACHAN	17:40	00:00	17:40	14			#DIV/0!	0:00	0:00	33:21	26:36