

Handicap race			HCP	Place	Points	Scr	AGP	Minutes	Minutes	Winter route PB	World Std Time
21/12/2022	6	TIME	56'40"				%	Per Mile	per Km		21/12/2022
STEPHEN HADDEN	12:00	44:24	56:24	1	10	6	56.34	8:13	5:07	44:35	25:01
ANDY HIGGINS	06:05	50:33	56:38	2	9	11	61.46	9:22	5:49	50:10	31:04
SHAUN PIRIE	19:50	37:07	56:57	3	8	1	63.45	6:52	4:16	36:26	23:33
DAVID ABERNETHY	10:55	46:20	57:15	4	7	10	58.60	8:35	5:20	39:14	27:09
GRAEME CLARK	12:15	45:03	57:18	5	6	8	68.29	8:21	5:11	35:17	30:46
ANDREW WEST	18:10	39:27	57:37	6	5	2	66.54	7:18	4:32	37:50	26:15
JIM BOWIE	15:25	42:20	57:45	7	4	4	71.97	7:50	4:52	37:19	30:28
CAROL MASSIE	13:55	44:30	58:25	8	3	7	74.57	8:14	5:07	37:16	33:11
MORAG THOMPSON	14:25	44:10	58:35	9	2	5	65.09	8:11	5:05	39:06	28:45
MARTIN WATT	18:40	40:43	59:23	10	1	3	60.50	7:32	4:41	36:12	24:38
GREG BRUCE	14:50	45:42	1:00:32	11		9	51.75	8:28	5:16	38:50	23:39
ALISON WEST	13:05	DNF	#VALUE!	DNF			#VALUE!	#VALUE!	#VALUE!	41:20	28:45