

Handicap race			HCP	Place	Points	Scr	AGP	Minutes	Minutes	Winter route PB	World Std Time
25/10/2023		TIME	56'40"				%	Per Mile	per Km		
LISA ALLAN	19:25	36:49	56:14	1	10	4	0.00	6:49	4:14	34:13	
CHARLIE NOBLE	12:25	44:12	56:37	2	9	6	0.00	8:11	5:05	37:29	33:37
SHAUN PIRIE	20:30	36:19	56:49	3	8	3	0.00	6:44	4:11	35:47	
ALISON WEST	11:40	45:27	57:07	4	7	7	0.00	8:25	5:14	41:20	
ROBBIE YOUNGSON	22:25	34:45	57:10	5	6	1	0.00	6:26	4:00	32:26	
STUART CRAIB	22:05	35:27	57:32	6	5	2	0.00	6:34	4:05	34:35	25:01
CAROL MASSIE	12:10	45:34	57:44	7	4	8	0.00	8:26	5:15	37:16	
NATHAN GRAHAM	10:10	48:37	58:47	8	3	11	0.00	9:00	5:36		23:15
JIM BOWIE	15:20	43:29	58:49	9	2	5	0.00	8:03	5:00	37:19	
MALCOLM TAYLOR	11:10	48:36	59:46	10	1	10	0.00	9:00	5:36	45:20	
GREG BRUCE	13:45	46:12	59:57	11		9	0.00	8:33	5:19	38:38	