

13 February 2025 - ARMAGH INTERNATIONAL ROAD RACE DELIVERS ONCE AGAIN!

Billed as one of the fastest 5Ks in the world, the 33rd Armagh International Road Race lived up to its reputation last night, delivering another night of incredible racing and record breaking depth.

Widely regarded as the world's most competitive road races, Armagh has built a legacy of producing exceptionally fast times, and this year was no different. The event continues to set the standard, with an astonishing 152 runners breaking the 15-minute barrier, surpassing previous records of 139 in 2020, 132 in 2023, and 130 in 2024.

Organised by Armagh Athletic Club, the race attracts elite athletes from across the globe, many of whom use it as a launchpad for major international success. With its flat, lightning-fast course and an electric atmosphere, the Armagh International remains the ultimate proving ground for runners chasing personal bests and high level competition.

Among the standout performances, Max Abernethy delivered an outstanding run, crossing the line in a phenomenal 14:10, securing 42nd place in a world class field. This marks a massive 35 second improvement on last year's result, an absolutely incredible achievement!

~ Slomo