



ND XC League Race 5 - Forres

We made the journey north once again for the final race of the 2024/2025 North District Cross Country League. The league itself consists of five races—Forres, Ross County, Peterhead, Nairn, and Forres again—and to qualify for the standings, runners must complete four out of the five events, either as individuals or as part of a team (four men or three women for team placings).

This final race is one that always fills me with a bit of dread. After all, it's not called "Horrible Hill" for nothing! But, strangely enough, it's also the course I enjoy the most.

It's been a great series, with plenty of new names getting involved. Across the five races, participation remained strong, especially in the senior categories, which saw impressive numbers in the last two events. Junior participation was slightly lower than in previous years, though this was more down to fewer clubs being represented rather than a lack of interest. The introduction of medals was aimed at encouraging more junior runners, and while numbers weren't as high as hoped, those who did race showed great enthusiasm.

Once again, the league provided a fantastic mix of courses, each bringing its own unique challenges. A huge thank you to the committee for their efforts in organising another brilliant season.

Here's to the next one!

Slomo

