

9 March 2025 Race Report: A Sunny Weekend of Racing!

Spring has truly sprung, with lambs gambolling in the fields and Fraserburgh Running Club members out racing for the second weekend in a row. It was a busy and successful few days, with fantastic results across the board.

Metro Aberdeen Proms 3k Race 6 & Series Finale

Friday saw the final race of the Metro Aberdeen Proms 3k, where the weather was kind to our three FRC entrants, Brian Urquhart, Graeme Clark and Greg Bruce.

Not only were the Race 6 results published, but the overall series standings were being calculated, which required participation in three races. FRC had a considerable number of placings, showcasing the dedication and talent within the club. The series runs from October to March, with races held on the first Friday of the month at 1pm — proof that you've got to be in it to win it!

D33 Deeside Way Ultra Marathon

On Saturday, Greg Bruce took in the D33 Deeside Way Ultra Marathon, a tough 33 mile race. Though we're not entirely sure which club guise he was running under, he certainly enjoyed the relentless sunshine — a rarity for this event! Greg has publicly declared (in front of witnesses, no less) that this will be his last D33.

However, those who know him might recall hearing the same promise last year, so watch this space! It's worth noting that they had a new course record of 3:33:38!

Inverness Half Marathon

Today, seven intrepid FRC runners took on the Inverness Half Marathon, a scenic route that meanders along Loch Ness. With the sun shining warmly, Alison West, Carol Massie, Duncan Abernethy, Jessica Thomson, Lisa Allan, Richard Mutch and Stephen Hadden all challenged Nessie and returned home happy. The half marathon was a fantastic way to round off a weekend filled with camaraderie, determination, and a few sore legs!

Well done to everyone who took part — you've done the club proud once again. Keep an eye on the calendar for more spring races and opportunities to lace up those trainers!

Metro Aberdeen Proms 3k- 6 (7 March 2025)

Brian Urquhart 12:20

Graeme Clark 14:54

Greg Bruce 15:01

Metro Aberdeen Proms 3k Final Overall (by my calculations 😊)

- Graeme Clark M70 1st
- Alison West F45 3rd
- Carol Massie F60 2nd
- Wilson Willox M65 3rd



D33 Deeside Way Ultra Marathon
Greg Bruce 6:31:38



- Inverness Half Marathon**
- Lisa Allan 1:30:07
 - Duncan Abernethy 1:36:07
 - Jessica Thomson 1:40:41
 - Carol Massie 1:44:44
 - Richard Mutch 1:51:06
 - Stephen Hadden 1:51:58
 - Alison West 1:52:21

~ Slowmo